

andrea's class schedule:

TUESDAY

2.30pm-3.15pm

Beginners Meditation & Deep Relaxation

3.30-4.30pm Quantum Breath-work

4.45pm-5.45pm Mystical Yoga

6pm-7pm Quantum Meditation

7.15pm-8.15pm

Sacred Soul Dance

THURSDAY

2.45-4.45

Esoteric Healing

FRIDAY

5.45pm-6.45pm

Mystical Yoga

7pm-8pm

Sacred Soul Dance



Andrea Williams

AWAKENER ENLIGHTENER HEALER

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BLOSSOMS WELLNESS CENTRE - KILMINGTON